



## COMPETITION INFORMATION

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### Format and rules-Sanshou competition

#### Format and Rules\_Sanshou Competition

##### Format

In Sanshou, Men and women compete separately. The competition will be individual competition and the knock out system will be adopted. If the number of the competitors is less than four (excluding 4), a single round-robin will be adopted. Men will compete in three categories and women in two categories.

Men: 56kg, 70kg, 85kg  
Women: 52kg, 60kg

**Differences between the World Championships and the Wushu Tournament Beijing 2008:** there are eighteen categories(11 for men and 7 for women in the 9th World Championships)in Sanshou competition of the World Championships, while there are only five categories(3 for men and 2 for women in that of the Wushu Tournament Beijing 2008. There is a restriction on entries for the Wushu Tournament Beijing 2008. Only the top eight in corresponding categories in Sanshou competition of the 9th World Wushu Championships can take part in the Wushu Tournament Beijing 2008, while the World Championships are open to all members of the IWUF.

##### Rules

The competition will be conducted in accordance with the 'Rules for International Wushu Sanshou Competition' endorsed by the IWUF.

##### 1. System of Competition

Each bout is won by the best two of three rounds. A bout consists of three two-minute rounds with a one-minute rest in between.

##### 2. Weight Categories

52kg Category (>48kg—≤52kg)  
56kg Category (>52kg—≤56kg)  
60kg Category (>56kg—≤60kg)  
70kg Category (>65kg—≤70kg)  
85kg Category (>80kg—≤85kg)

##### 3. Scoring Criteria

All attacking and defending techniques of sanshou may be used in fighting. The scoring areas are the head, the trunk and the thighs. There are three kinds of scoring criteria:

**A competitor will be awarded two (2) points:** when the opponent falls off the platform; when he remains standing while the opponent falls down; when he hits the opponent's head or trunk with the leg technique; when he makes the opponent fall down by falling down himself on purpose, only to get to his feet by means of a follow-through; when the opponent is given a forcible counting; and when the opponent receives a warning.

**A competitor will be awarded one (1) point:** when he hits the opponent's head or trunk with the fist technique; when he hits the opponent's thigh with the leg technique; When he falls down after the opponent: when he makes the opponent fall down by falling down himself on purpose, without being able to get to his feet by means of a follow-through; when the opponent fails to attack within eight (8) seconds after the order for appointed attack; when the opponent fails to get to his feet within three (3) seconds after falling down on purpose; and when the opponent receives an admonition.

**No point will be awarded to a competitor:** When the techniques he uses are not clean and effective; When both sides fall on or off the platform at the same time; when the opponent falls on purpose as a fighting technique; and when he hits the opponent in a clinch.

##### 4. Determination of Wins and Losses

**Absolute victory:**In a one-sided bout, the technically stronger will be declared the winner of the bout; during a bout the competitor whose opponent has been knocked down and fails to get to his feet within ten (10) seconds after receiving heavy blows (except for personal fouls), or has managed to get to his feet but remains in an abnormal state of consciousness, will be declared the winner of the bout; during a bout, the competitor whose opponent has been forcibly counted three times after receiving heavy blows (except for personal fouls), will be declared the winner of the bout.

**Determination of the winner of a round:** The result of each round will be decided by the side judges. During a round, the competitor whose opponent has been forcibly counted two (2) times after receiving heavy blows (except for personal fouls) will be declared the winner of the round. During a round, the competitor whose opponent falls off the platform two (2) times will be declared the winner of the round. In case of an equal number of points awarded in a round, the winner will be decided in the following order: The competitor with fewer warnings will be declared the winner; the competitor with fewer admonitions will be declared the winner; The competitor with a lighter weight on the day of the contest will be declared the winner. If the tie remains, the round goes as a draw.

**Determination of the winner of a bout:** The competitor who wins two rounds will be the winner of the bout. During the fighting, if a competitor is injured or ill and, as certified by the doctor, unable to continue the competition, the opponent will be declared the winner of the bout. During the fighting, if a competitor feigns injury in a foul committed by the opponent – an injury as later proved by medical supervisors to be a mere cheat, the fouling side will be declared the winner of the bout. The competitor who is injured by the opponent in a foul and, as confirmed by medical supervisors, unable to continue the fight, will be declared the winner of the bout, but he will be barred from subsequent contests. Under the round-robin system, an equal number of rounds won by the two sides in a bout will be declared a draw. Under the elimination system, an equal number of rounds will be handled as follows :the competitor with fewer warnings will be declared the winner; the competitor with fewer admonitions will be declared the winner. If the tie remains, an additional round will be held.

##### 5. Prohibited Methods and Prohibited Areas

the prohibited areas are the back of head, the neck and the crotch. There are certain prohibited methods: attacking with the head, the elbow, or the knee, or by

twisting the opponent's joints; forcing the opponent to fall head over heels, or intentionally smashing or pressing him down; hitting the opponent's head by any means when he is already down.

#### 6. Fouls and Penalties

**A competitor commits a technical foul:** holding the opponent passively or runs away passively; raising his hand to request to stop the bout in a disadvantageous situation; delaying the fight intentionally; acting impolitely towards the judges or disobeys their decisions; etc.

**A competitor commits a personal foul:** attacking the opponent before the call of 'Kaish (Start)!' or after the call of 'Ting (Stop)!'; hitting the opponent on prohibited areas; hitting the opponent with any prohibited method.

Penalties: an admonition will be given for a technical foul; a warning will be given for a personal foul; a competitor with three (3) personal fouls will be disqualified from the bout; a competitor who hurts the opponent intentionally will be disqualified from the whole competition, with all his results annulled.

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